

## Studies in Martial Arts

<b>Title:</b>	<b>Martial Arts of the World [2 volumes]: An Encyclopedia of History and Innovation</b> Edited by Thomas A. Green and Joseph R. Svinth ISBN: 978-1598842432
<input type="checkbox"/> <b>Required</b>  <input type="checkbox"/> <b>Recommended</b>	Containing more than 120 entries, Martial Arts of the World aims to be the most comprehensive work on the subject of martial arts. Editors Green, a professor of anthropology, and Svinth, editor of several martial arts and sciences journals, have done a noteworthy job in reaching that goal. Volume 1 is arranged by geographic region and each section has entries for the individual arts of the region in question. Volume 2 has entries for themes, arranged under categories such as "Belief Systems," "Globalization of Martial Arts," and "Martial Media." In both volumes are found articles covering combat disciplines from all over time and the world. Topics are as varied as Zulu stick fighting, Ottoman oiled wrestling, Fighting arts of the Renaissance, Television and the martial arts, and Police defensive tactics training in the United States. Articles range from two to several pages and are followed by often lengthy references. With the growing popularity of mixed martial arts fighting and the continuing presence of martial arts in Hollywood, this title could fill a gap in many library collections. Many lay readers will be put off by the dense academic tone of the articles. Scholars, on the other hand, will find plenty here to fit their needs and spur further research. --Asia Gross
<b>Title:</b>	<b>Martial Arts in the Modern World</b> By Thomas A. Green and Joseph R. Svinth ISBN: 978-0275981532
<input type="checkbox"/> <b>Required</b>  <input type="checkbox"/> <b>Recommended</b>	The global spread of the martial arts phenomenon is comprehensively examined.
<b>Title:</b>	<b>The Jin Yong Phenomenon: Chinese Martial Arts Fiction and Modern Chinese Literary History</b> By: Ann Huss and Jianmei Liu ISBN: 978-1934043080
<input type="checkbox"/> <b>Required</b>  <input type="checkbox"/> <b>Recommended</b>	This pioneering book is the first English-language collection of academic articles on Jin Yong's works. It introduces an important dissenting voice in Chinese literature to the English-speaking audience. Jin Yong is hailed as the most influential martial arts novelist in twentieth-century Chinese literary history. His novels are regarded by readers and critics as "the common language of Chinese around the world" because of their international circulation and various adaptations (film, television serials, comic books, video games). Not only has the public affirmed the popularity and literary value of his novels, but the academic world has finally begun to notice his achievement as well. The significance of this book lies in its interpretation of Jin Yong's novels through the larger lens of twentieth-century Chinese literature. It considers the important theoretical issues arising from such terms as modernity, gender, nationalism, East/West conflict, and high literature versus low culture. The contributors of the articles are all eminent scholars, including famous exiled scholar, philosopher, and writer Liu Zaifu.
<b>Title:</b>	<b>The Eleventh Son: A Novel Of Martial Arts and Tangled Love</b> By: Long Gu and Rebecca S. Tai

	ISBN: 978-1931907163
<input type="checkbox"/> <b>Required</b> <input type="checkbox"/> <b>Recommended</b>	<p>On one of his missions, Xiao (the Eleventh Son, known as the Great Bandit) meets Shen, the fairest woman in the martial world. By the will of fate, he rescues Shen several times, which plants the seed of love in both of them. However, Shen is married to a rich young man who is also an outstanding martial artist. As if things were not complicated enough, Xiao has his own secret admirer, Feng, an attractive swordswoman with a quick temper. Xiao is drawn into a messy fight for a legendary saber, the Deer Carver, and is accused of stealing it. Xiao finds out that the person who has set him up is a mysterious young man with an angel's face and a devil's heart. Before he can pursue any further, Shen's grandmother is murdered, and Xiao is named the killer. It appears that things are spinning out of control...</p>
<b>Title:</b>	<p><b>Shodo Brush Calligraphy: From Simple Fun to True Self-Mastery: Lessons from the Martial Arts</b>  By: Dr. Jonathan C. Bannister  ISBN: 978-0615434629</p>
<input type="checkbox"/> <b>Required</b> <input type="checkbox"/> <b>Recommended</b>	<p>Shodo Brush Calligraphy presents the ancient "art of writing beautifully" as a fun activity, an important tool for self-discovery, and a method for augmenting and testing progress on your personal journey to self-mastery.</p>
<b>Title:</b>	<p><b>The Lone Samurai: The Life of Miyamoto Musashi</b>  By: William Scott Wilson  ISBN: 978-4770029423</p>
<input type="checkbox"/> <b>Required</b> <input type="checkbox"/> <b>Recommended</b>	<p>Musashi is primarily known in the West as the author of <i>The Book of Five Rings</i>, a guide to swordsmanship strategies that became an essential business-strategy manual in the 1980s. Wilson, having translated Musashi's book into English, turns for the first time to biography, with as complete a life of the man behind the sword as possible, given his legendary stature and peripatetic, largely undocumented story. Musashi lived in the 17th century and had his first match at 13 with a <i>shugyosha</i> (an older, professional swordsman); only Musashi walked away alive. For three decades, he wandered feudal Japan, moving from patron to patron, taking on opponents in formal and informal matches, teaching others his art and sometimes taking part in clan and regional rivalries. He eventually settled in southern Japan, where his martial art skills led organically to visual art: simple-looking, highly disciplined ink-and-brush painting and calligraphy. Toward the end of his life, Musashi synthesized everything he'd learned into the literary work he is now best known for. Wilson integrates a considerable amount of Japanese history and culture into a short, dense book with lots of specialized information. Although Musashi doesn't become fully dimensional—and given the scarcity of primary source material, he probably can't—Wilson provides an extensive appendix of other materials that have depicted the legendary swordsman over the centuries. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.</p>
<b>Title:</b>	<p><b>The Samuri Series: The Book of Five Rings, Hagakure – The Way of the Samurai &amp; Bushido – The Soul of Japan</b>  By: Miyamoto Musashi, Yamamoto Tsunetomo and Inazo Nitobe  ISBN: 978-1934255797</p>

<input type="checkbox"/> <b>Required</b>  <input type="checkbox"/> <b>Recommended</b>	<p><b>The Samurai Series</b> brings together three of the most important books dealing with the Samurai path and philosophy into one deluxe, illustrated hardcover volume.</p>
<p><b>Title:</b></p>	<p><b>The Martial Arts of Ancient Greece: Modern Fighting Techniques from the Age of Alexander</b>  By: Kostas Dervenis and Nektarios Lykiardopoulos  ISBN: 978-1594771927</p>
<input type="checkbox"/> <b>Required</b>  <input type="checkbox"/> <b>Recommended</b>	<p>An in-depth guide to the modern practice of Greek martial arts and their beginnings in ancient Greece and Egypt</p> <ul style="list-style-type: none"> <li>• Examines the correlation between ancient depictions of one-on-one combat and how martial arts are practiced today</li> <li>• Explores the close relationship between Greek martial arts and spiritual practice</li> <li>• Distinguishes between Pammachon (martial arts) and Pankration (combat sports)</li> </ul> <p>The ancient friezes and decorative motifs of ancient Greece contain abundant scenes of combat, one-on-one and hand-to-hand. In <i>The Martial Arts of Ancient Greece</i>, the authors offer close inspection of these depictions to reveal that they exactly correlate to the grappling and combat arts as they are practiced today. They also show that these artifacts document the historical course of the development of both the weaponry of the warrior classes and the martial responses those weapons required when fighting hand-to-hand. The depiction of each ancient technique is accompanied by sequenced step-by-step photos of modern practitioners performing the various stances of one-on-one combat. In addition, the authors explain how the development of Hellenic combat arts was tied at its heart to a spiritual practice. The centeredness, clear mind, and consequent courage that develops from a spiritual practice was considered a martial strength for a warrior, enabling him to be at his best, unobstructed inwardly by conflict or inertia. <i>The Martial Arts of Ancient Greece</i> provides a practical and comprehensive approach to the techniques and philosophy of the martial arts of the ancient Mediterranean that will be welcomed by modern fighters.</p>
<p><b>Title:</b></p>	<p><b>Samurai: An Illustrated History</b>  By Mitsuo Kure  ISBN: 978-0804832878</p>
<input type="checkbox"/> <b>Required</b>  <input type="checkbox"/> <b>Recommended</b>	<p><i>Samurai: An Illustrated History</i> brings the violent, tumultuous, and, at the same time, elegant world of the medieval Japanese samurai to life. With a general introduction that examines the origins of the samurai and their rise to power, <i>Samurai</i> presents a chronological coverage of samurai history detailing the main battles, personnel, and general themes. Additional chapters are studies of samurai armor and weaponry, fortifications, and the changes in strategy and armor upon the introduction of firearms and cannon. All chapters are illustrated by photographs of battle re-enactments meticulously conducted by the enthusiastic historical re-enactment societies of Japan, and by line drawings of fortifications and armor. <i>Samurai</i> vividly details the long bloody era of the samurai, when sons killed their fathers, brothers attacked their brothers, wives betrayed their husbands and hosts their guests, and the forces of the samurai rulers destroyed those of the emperors and the monasteries. The samurai fought for property,</p>

	lands, and money, and only rarely for honor--Samurai tells that compelling story with vigor.
<b>Title:</b>	<b>The Way of the Warrior: The Paradox of the Martial Arts</b> By Howard Reid and Michael Croucher ISBN: 978-0879516062
<input type="checkbox"/> <b>Required</b> <input type="checkbox"/> <b>Recommended</b>	The Way of the Warrior (previously published as The Fighting Arts) is a fascinating study of the origins, evolution, legends, mysteries, technique and practice of the fighting arts. 150 color and black-and-white photographs.
<b>Title:</b>	<b>The Samurai and the Sacred</b> By Stephen Turnbull ISBN: 978-1846032158
<input type="checkbox"/> <b>Required</b> <input type="checkbox"/> <b>Recommended</b>	The fierce loyalty and self-sacrificing attitude of the samurai have made them both a legend and a cult. Although their military prowess and skills in the martial arts have been studied exhaustively, an understanding of their belief system still eludes many. This original work examines the spiritual world of the samurai, from their attachment to Japan's mainstream religions of Shinto and Buddhism to their involvement in Confucianism, Christianity, and Folk Religion. Samurai expert Stephen Turnbull examines important topics such as Zen and the martial arts, modern militarism, the cult of the sword, revenge and suicide, hara kiri and kamikaze pilots. He also looks at the fascinating issue history of Japan's Kakure Kirishitan (Hidden Christians), as well as the growing cult status of the samurai both in Japan and in the West.